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*An aspect of my job that is important to me is promoting advocacy for people we support. My main aim is to ensure people achieve their goals, highlight their choices and make sure their voices are heard."*

- Pamela Twomey, Care Assistant, Cope Foundation



## Recruitment Movement



### What is recruitment?

Recruitment is how we seek out, find and take on people for a specific position or job.



In 2023, 194 new people starting working in Cope Foundation in lots of different jobs.



Cope Foundation can find it difficult to find the right people to work here.

In 2023, we worked hard to find the right people.

In 2023, we held Recruitment Open Days in the following places:

- The Metropole Hotel
- Blackpool Shopping Centre
- Munster Technological University (MTU)
- University College Cork (UCC)
- City Hall



During the year, many staff members told us about their jobs to help others understand what they do.

Pamela Twomey is a Care Assistant. She has worked in Cope Foundation for over 20 years.

She told us about her work and how important it is.



In 2024, we hope more people will start to work in Cope Foundation.

We need these people to be there for the people we support.



Thank you to all the staff for sharing your stories.



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# Meet Mike...



My name is Michael but my friends call me Mike.

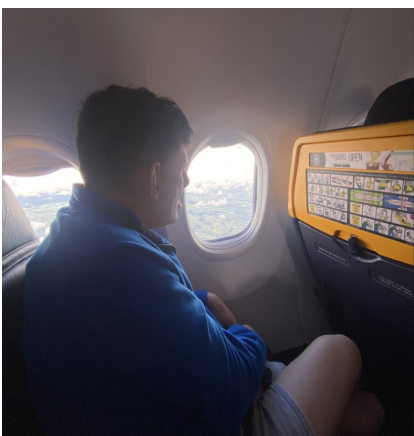
I am 59 years old.

I live in Ard Dara, Montonette.



One of my main interests is airplanes.

I love going to Cork airport to watch the airplanes take off and land.



In 2023 I went on my first airplane journey in over 50 years.

I went with Cian and John who are staff in Ard Dara.



We went on the plane from Kerry to Dublin.

I enjoyed my day out in Dublin City.

We walked around the city and I had a pint of Guinness.



I purchased some airplane souvenirs on my trip.

I have these souvenirs on display in my home.



Later that evening, we flew back to Kerry again.

I am so thankful to be given the opportunity to achieve my dreams.

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# Meet Thomas



My name is Thomas. I am 30 years old.



I go to Popes Quay Hub.



This year I turned 30 and celebrated with my friends and family.



I went to Disney Land with all my friends in the hub.

It was the best trip!



I started college in UCC and I love it.

2023

This year I met my girlfriend Khadija and my baby nephew Cal was born.

What a great year!



Thanks to all the staff in Popes Quay Hub for help me live my life my way!



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